

# ABOUT THE IONIZING FOOTBATH

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## Contraindications:

- ✓ Children under the age of 6;
- ✓ Pregnant or breastfeeding women;
- ✓ Pacemaker or defibrillator;
- ✓ Chemotherapy or radiation in progress;
- ✓ Dialysis/Severe renal impairment;
- ✓ Medicated chronic epilepsy;
- ✓ Organ transplants with anti-rejection therapy;
- ✓ Frail health or multiple medications.



## Important notes:

- ✓ Hydrate well before, during, and after each session (2 liters of healthy water/day);
- ✓ Avoid heavy and high-calorie foods throughout the protocol;
- ✓ Suspend the session in case of intense and persistent discomfort;
- ✓ Avoid immersing open and bloody wounds in bath water;
- ✓ Avoid late sessions if it gives you a strong boost of vitality;
- ✓ Clean the main unit with a damp cloth without any chemicals;
- ✓ Never submerge the main device and handle it delicately;
- ✓ **Acid mode is recommended** during the first two months of use of the device;
- ✓ **In certain situations**, such as usage for young children from 6 to 12 years old, the elderly, cases of frail health, or multiple medications, avoid discomfort by starting gradually with a few 15-minute sessions at low intensity with the cylindrical ionizer before increasing the duration, power, and repetition of sessions;
- ✓ **A harmless electrical resonance occurs in the water at start-up** and also a few times during the session, which is normal with the powerful triangular ionizer, but this sensation varies greatly from one user to the other;
- ✓ Use the round ionizing cartridge to reduce this undesirable effect;
- ✓ **Never use the Zapper when your feet are in the water** with the ionizer and the bracelet on you. Always remove accessories from the ion bath before using the Zapper;
- ✓ **The heating belt is optional** and can be used independently or simultaneously with the other functions of the 3-in-1 VitalBody set;
- ✓ **The ion bath and the Zapper do not work simultaneously.**

# HOW TO USE THE FOOTBATH?

## A. WATER BASIN SET UP



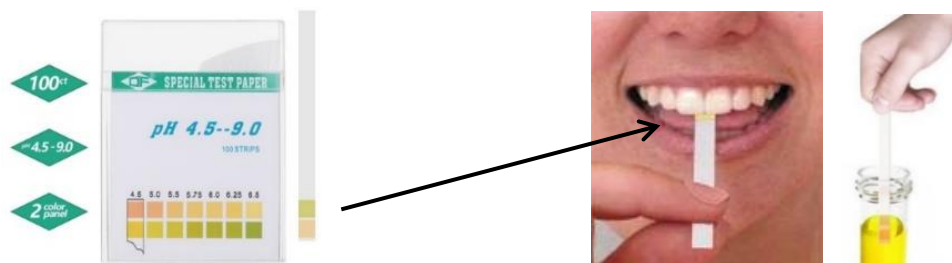
- ✓ Place the blue-grey retractable basin in a biodegradable hygienic bag following the detailed procedure included with the basin;
- ✓ Fill the basin with warm but tolerable water to fully immerse the chosen ionizer. The heat dilates the skin pores to ease the penetration of negative ions and the evacuation of toxins;
- ✓ Have a dry towel or a roll of paper towel, a sprayer filled with water, and a sea salt dispenser nearby before the start of the session.

## B. ACCESSORIES SET UP



- ✓ Use either the left side or the right side of the main unit to perform the session;
- ✓ The left side is enabled by default for single-enabled devices;
- ✓ Plug it in and completely immerse the basic cylindrical ionizer or the triangular one positioned between the feet or the hands in the pool water;
- ✓ Immerse a section of the elastic band of the conductivity wristband in the water basin before positioning it on the wrist (foot bath) or ankle (hand bath);
- ✓ Connect the wet conductivity wristband to the ionizer by firmly pushing its self-adjusting tip into its connector.

## C. SALIVARY PH ASSESSMENT



- ✓ The assessment of salivary PH is only an approximation and sometimes misleading, but adequate to assess the trend of body PH as a whole;
- ✓ To obtain a more relevant reading, use the PH of the second-morning urine;
- ✓ Rely preferably on chronic symptoms often indicative of toxic acidosis blocked in deep tissues (pain, inflammation, fatigue, etc.);
- ✓ Take a small tab from the box illustrated above;
- ✓ Rinse the mouth with water and renew the saliva before measuring the salivary PH;
- ✓ Dip the two squares located at the end of the indicator paper in saliva or urine;
- ✓ Wait 15 seconds for the reaction to be completed on both buffers;
- ✓ Compare the color of the indicators with the chart displayed on the box:
  - PH between 7.0 and 7.5 = Neutral (ideal zone),
  - PH less than 7.0 = Acid,
  - PH is greater than 7.5 = Alkaline or basic.

#### D. IONIZING BATH OPERATION



- ✓ Read the previous contraindications and notes beforehand in order to respect them;
- ✓ Connect the device using the electrical conversion unit before pressing and holding the white "ON/OFF" button to switch it on;
- ✓ Press the red-yellow "**ZAP/PH**" key to select the desired program "ACID", "NEUTRAL" or "BASIC" according to the previously measured body pH;
- ✓ The pre-selected "ACID" mode is ideal for the first two months of the protocol;
- ✓ Each device program acts differently on the acid-base balance:
  - **ACID MODE**: 80% (-) and 20% (+). Alkalinizes the body and especially eliminates free radicals. A frequently used mode for PH below 7.0,
  - **NEUTRAL MODE**: 50% (+) and 50% (-). Removes heavy metals and free radicals. A mode used for a PH between 7.0 and 7.5,
  - **BASIC MODE**: 20% (-) and 80% (+). Mainly aids heavy metal chelation. A mode used for a PH greater than 7.5.
- ✓ Press the yellow "**POWER**" button to select the desired intensity "LOW", "MEDIUM" or "HIGH":
  - Low = Electric current of 1.5 amps,

- Medium = Electric current of 2.0 amps,
- High = Electric current of 2.5 amps.
- ✓ The preselected "LOW" power is ideal for the first few sessions of a beginner to lessen the potential initial effects of detoxifying;
- ✓ **Press the yellow clock button "TIMER"** to adjust the time of the ionic session between 10 and 60 minutes;
- ✓ The pre-programmed duration of 30 minutes is adequate in most cases;
- ✓ **Add, stir and dissolve well about 5 turns of the pink salt mill**, i.e. about ¼ teaspoon in the water to increase its electrical conduction;
- ✓ **BE CAREFUL not to add too much**, as this could damage the device;
- ✓ **Press the green GO "ION" button** to start or stop the ionic session;
- ✓ Add a little more salt to the water if the red "**ADD SALT**" light comes on;
- ✓ Too much salt has been added to the water if the time display shows "**HI**" in green;
- ✓ Check the antistatic bracelet if the red "**CHECK THE WRISTBAND**" light comes on;
- ✓ If everything is in order, a green "**SESSION IN PROGRESS**" light comes on;
- ✓ A flashing green dot also appears at the bottom of the time display;
- ✓ It is important to be calm, relaxed, and inactive during the ionic session;
- ✓ **In the event of a problem, follow the troubleshooting procedure below.**

## E. IONIZING BATH TROUBLESHOOTING

If the red "**CHECK THE WRISTBAND**" light comes on:

- ✓ Put your feet or a hand in the water before starting;
- ✓ Immerse part of the black elastic band of the wristband in the water basin before attaching it to the wrist for a foot bath or to the ankle for a hand bath;
- ✓ Install the conductivity wristband before the start of the session;
- ✓ Replace the wristband with a new one if the alarm persists (possible defect).

If the red "**ADD SALT**" light comes on:

- ✓ Put your feet or a hand in the water before starting;
- ✓ Distribute and dissolve the salt well in the pool water by stirring lightly;
- ✓ Check that the ionizer is completely covered with water;
- ✓ Replace the ionizer with a new one if the alarm persists (possible defect).

If the time display shows "**HI**" in green:

- ✓ It is likely that too much salt has been added to the water (1/4 teaspoon is enough);
- ✓ Add water to the basin to reduce the concentration of dissolved salt;
- ✓ Increase the power of the session to increase the tolerance of the device;
- ✓ Change basin water containing excess salt;
- ✓ Replace the ionizer if the alarm persists (possible defect).

If time passes, but no reaction occurs in the basin water:

- ✓ Press the green GO "ION" key and not the red key dedicated to the Zapper;
- ✓ The "**SESSION IN PROGRESS**" light must be green because white is for the Zapper.

If the main unit appears to be without any power supply:

- ✓ Tighten the electrical conversion block connections;
- ✓ Check that the **green operating light** in the upper right corner is on;
- ✓ Check the condition of the rear fuse by unscrewing its cap and making sure that the internal metal filament is not broken and that the glass tube is not blackened;
- ✓ A spare fuse can be found in the internal pocket of the carrying case;
- ✓ Screw the fuse compartment cap back on the device.

**If a problem persists, please contact us at 1-866-981-0357.**

## F. END OF SESSION



- ✓ **Remove the belt and the antistatic bracelet**, leaving them connected to the device;
- ✓ Rinse, wash, and wipe your feet or hands to remove residue;
- ✓ **Disconnect the ionizer and bring it with the basin water** when emptying;
- ✓ Empty the water basin in the toilets and throw the biodegradable bag in the trash;
- ✓ Clean the basin with a magic sponge or a soft product if necessary;
- ✓ Avoid using scouring products or toxic chemicals;
- ✓ **Turn off the device and unplug the power supply** from the wall outlet to avoid it being unnecessarily powered for several days;
- ✓ **Drink a large glass of water with 20 drops of ConcenTrace mineral supplement** and add a little lemon or orange juice to hide the taste if necessary.

## G. IONIZERS MAINTENANCE

**3 % PEROXYDE**  
Sold in drugstores



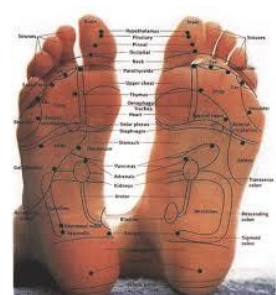
**CITRIC ACID POWDER**  
**Cleaner and rust remover**  
Commonly sold online

- ✓ Brush off and rinse the large residue from the ionizing cartridge under tap water;
- ✓ Dissolve 4 tablespoons of citric acid (60ml = 60g) in 1L of hot water;
- ✓ Immerse the pre-washed ionizing cartridge in the solution for 30 to 60 minutes in a resealable glass (Masson jar style) or plastic (yogurt jar style) container;
- ✓ Dissolve deposits and rust in this solution after 5 ionic sessions;
- ✓ Avoid soaking for too long or too often to prevent premature chemical wear of metal parts and internal welds;



- ✓ Keep the solution for 3 or 4 more soaks before renewing it;
- ✓ Close the jar with its lid;
- ✓ Brush and rinse the ionizing cartridge thoroughly with water to remove residue and remaining product;
- ✓ Dry excess water from the cartridge with a cloth;
- ✓ Sterilize the ionizer, if necessary, with 3% peroxide sold in drugstores, especially during repetitive commercial use with many different users;
- ✓ Soak the ionizer in the peroxide for a few minutes before letting it dry.

## H. IONIZING BATH USAGE PROTOCOL



- ✓ **Repeat the sessions twice a week with an interval of 3 days between each session for 3 months;**
- ✓ Do sessions mainly with the feet but also with the hands from time to time to also stimulate the upper body;
- ✓ **Perform 15-minute sessions only** during the 1st month for a frail health condition or a particular situation risking initial detoxifying discomfort;
- ✓ **The electric effect in the basin water** is very beneficial for the submerged acupuncture points, thus acting on the circulation of vital energy in the meridians;
- ✓ Raise the water basin between the legs during a hand bath so that the position is comfortable for the back, thus minimizing tension in the shoulders and neck;
- ✓ **Follow the protocol well to avoid a toxic overload** recirculating in the lymphatic system, acting as a collector of cellular waste;
- ✓ **In case of persistent discomfort or recovery crisis lasting more than 3 days,** stop the sessions for a certain time to rest the metabolism;
- ✓ **Drink plenty of pure water, eat healthily, and exercise more** to promote tissue detoxifying and body fluids;
- ✓ **Resume the protocol where it was interrupted** as soon as the temporary complications and the symptoms of metabolic cleansing have disappeared;
- ✓ **The antiparasitic Zapper** is only added to the protocol from the 2nd month;
- ✓ A 30-minute ionic session is identified by **ION-30** in the following grid;
- ✓ **Here is the summary of the first three months of use of the ionic bath, excluding the Zapper:**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Repeat for 3 MONTHS	1 ION-30	2	3	4 ION-30	5	6
7 ION-30	8	9	10 ION-30	11	12	13 ION-30
14	15	16 ION-30	17	18	19 ION-30	20
21	22 ION-30	23	24	25 ION-30	26	27
28 ION-30	29	30	31 ION-30			

- ✓ **After the execution of this initial protocol of 3 months**, continue with the regularity of a few ionization sessions per month or ideally each week;
- ✓ **More intense preventive maintenance** is possible by continuously and relentlessly doing 2 sessions of 30 to 60 minutes per week, i.e. every 3 days;
- ✓ Drink plenty of water and eat little and very healthily while avoiding sugars, carbohydrates, and dairy products to minimize inflammation, metabolic acidity, and the proliferation of harmful parasitic microorganisms in the body;
- ✓ It is possible to combine the sessions with purifying natural products or pure and good quality essential supplements;
- ✓ In case of the persistence of certain symptoms or for a particular follow-up, contact us at [info@VitalAxiom.com](mailto:info@VitalAxiom.com) or 1-866-981-0357 to be guided towards other alternative solutions or advised on complementary natural methods.

# ABOUT THE ANTIPARASITIC ZAPPER

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## Contraindications:

- ✓ Pregnant or breastfeeding women;
- ✓ Pacemaker or defibrillator;
- ✓ Chemotherapy or radiation in progress;
- ✓ Dialysis/Severe renal impairment;
- ✓ Medicated chronic epilepsy;
- ✓ **Heart problems;**
- ✓ **Metal prostheses.**

## Important notes:

- ✓ Hydrate well before, during, and after each session (2 liters of healthy water/day);
- ✓ Avoid heavy and high-calorie foods throughout the protocol;
- ✓ Suspend the session in case of intense and persistent discomfort;
- ✓ Avoid touching the copper rods with open and bloody wounds;
- ✓ Avoid late sessions if it gives you a strong boost of vitality;
- ✓ Clean the main unit with a damp cloth without any chemicals;
- ✓ Never submerge the main unit in water and handle it gently;
- ✓ **For certain situations**, such as young children under 6 years old, the elderly, cases of frail health, or multiple medications, avoid discomfort by starting more gently with a few sessions of only 5 minutes;
- ✓ **Vary the frequency from session to session** to avoid habituation and obtain a broader spectrum of effects on the countless different parasites;
- ✓ **Never use the Zapper while your feet are in the water** with the ionizer and the bracelet on you. Always remove accessories from the ion bath before using the Zapper;
- ✓ **The heating belt is optional** and can be used independently or simultaneously with the other functions of the 3-in-1 VitalBody;
- ✓ **The ionic bath and the Zapper do not work simultaneously;**
- ✓ The Zapper can be very useful for pets.

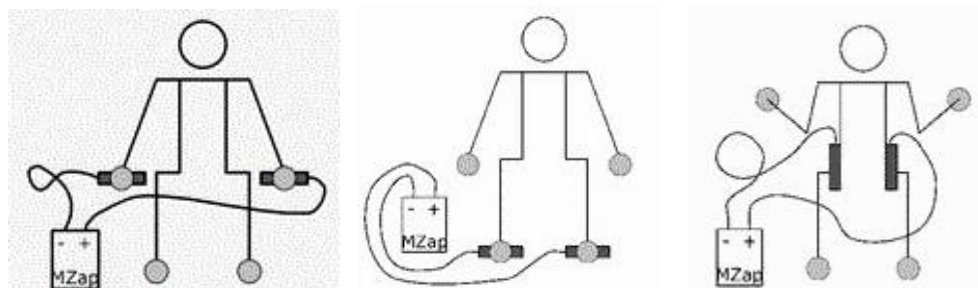


# HOW TO USE ZAPPER?

## A. COPPER RODS SET UP



- ✓ Strongly pull the 2 ends of the main wire, slowly tearing its sheath as much as necessary to distance the red connector from the black connector;
- ✓ Separate the wires in the opposite direction and hold them firmly under the 2 connectors;
- ✓ Connect the 2 twin ends of the wire to the ends of each tube without taking into account the red or black color of these;
- ✓ Connect the single end of the wire of the copper rods in front of the main unit;
- ✓ **Wet the skin and the copper rods** to obtain better electrical conduction;
- ✓ Install the rods knowing that the frequencies pass from one rod to the other by the shortest path, so one rod emits the signal and the other receives it;
- ✓ Position the rods opposite each other in the hands, under the feet, on the hips, under the armpits, etc.



## B. 3-IN-1 VITALBODY ZAPPER OPERATING



- ✓ Read the previous contraindications and notes beforehand in order to respect them;
- ✓ Connect the device using the electrical conversion unit before pressing and holding the white "ON/OFF" button to switch it on;
- ✓ **Press the red-yellow "ZAP/PH" key** to select the desired frequency "**30 kHz**", "**2.5 kHz**", or "**15 Hz**";
- ✓ The pre-selected "**30 kHz**" choice is suitable for everyone initially and does not offer any electrical sensation, which makes it very comfortable for the user:
  - 30 kHz = 30,000 Hz = Dr. Hulda's High Frequency (no feeling),
  - 2.5 kHz = 2,500 Hz = RIFE intermediate frequency (few sensations),
  - 15 Hz = Low Croft frequency (perceptible sensations).
- ✓ **Press the yellow clock button "TIMER"** to adjust the time of the ionic session between 5 and 60 minutes;
- ✓ The pre-programmed duration of 30 minutes generally needs to be adjusted to 10 minutes;
- ✓ **Press the red GO "ZAPPER" button** to start or stop the session;
- ✓ If everything is in order, a white "**SESSION IN PROGRESS**" light comes on;
- ✓ A flashing green dot also appears at the bottom of the time display;
- ✓ **In the event of a problem, follow the troubleshooting procedure below.**

### C. 3-IN-1 VITALBODY ZAPPER TROUBLESHOOTING

#### If the device is on, but nothing happens during the session:

- ✓ Ensure that the skin in contact with the copper remains wet;
- ✓ It is normal not to feel the passage of electric current when using the 30 kHz (high) frequency and even that of 2.5 kHz (intermediate);
- ✓ Some users do not feel any of the three frequencies, such as electricians and people on antidepressants, which prevent a nervous response;
- ✓ Select the frequency of 15 Hz (low) to better feel the current's passage;
- ✓ Turn off the main unit completely and touch the copper rods together when plugged in. The white "SESSION IN PROGRESS" light will light up slightly to confirm that the circuit is functional.

#### The session stops, and the device displays an alarm related to the ionizing bath:

- ✓ Press the red **GO "ZAPPER"** key and not the green dedicated to the ionizing bath;
- ✓ The "SESSION IN PROGRESS" light must be white because green is for the ionic bath.

#### If the main unit appears to have no power:

- ✓ Tighten the electrical conversion block connections;
- ✓ Check that the **green operating light** in the upper right corner is on;
- ✓ Check the condition of the rear fuse by unscrewing its cap and making sure that the internal metal filament is not broken and that the glass tube is not blackened;
- ✓ A spare fuse can be found in the internal pocket of the carrying case;
- ✓ Screw the fuse compartment cap back on the device.

#### If a problem persists, please contact us at 1-866-981-0357.

## D. STAND-ALONE VITALZAPPER OPERATING



- ✓ Read the contraindications and important notes beforehand in order to respect them;
- ✓ Connect and switch on the device using the small electrical conversion block before activating the "ON/OFF" switch;
- ✓ **The internal 9 V battery takes over** if the device is disconnected from the mains;
- ✓ Select by connection the desired frequency on the main device:
  - 30 kHz = 30,000 Hz = Dr. Hulda's High Frequency (no feeling),
  - 2.5 kHz = 2,500 Hz = RIFE intermediate frequency (few sensations),
  - 15 Hz = Low Croft frequency (perceptible sensations).
- ✓ **Time the duration of the session to 10 minutes**, which is sufficient in most cases;
- ✓ If everything is in order, a faint constant or flickering white light appears on the top of the device aligned with the connection of the wires of the copper rods;
- ✓ **In the event of a problem, follow the troubleshooting procedure below.**

## E. STAND-ALONE VITALZAPPER TROUBLESHOOTING

If the device is on, but nothing happens during the session:

- ✓ Ensure that the skin in contact with the copper remains wet;
- ✓ It is normal not to feel the passage of electric current when using the 30 kHz (high) frequency and even that of 2.5 kHz (intermediate);
- ✓ Some users do not feel any of the three frequencies, such as electricians and people on antidepressants, which prevent a nervous response;
- ✓ Select the frequency of 15 Hz (low) to better feel the current's passage.

If the main unit appears to have no power:

- ✓ Tighten the electrical conversion block connections;
- ✓ Check that the **green operating light** in the upper right corner is on;
- ✓ Change the 9 V battery in the compartment screwed under the device when it is used in autonomous mode, i.e. disconnected from the electrical network.

**If a problem persists, please contact us at 1-866-981-0357.**

## F. END OF SESSION

- ✓ **Turn off the device and unplug the power supply** from the wall outlet to avoid it being unnecessarily powered for several days;
- ✓ Rinse, wash and dry the skin that has been in contact with copper;
- ✓ If possible, leave the connectors in place at the end of each rod;
- ✓ **Drink a large glass of water with 20 drops of ConcenTrace mineral supplement** and add a little lemon or orange juice to hide the taste if necessary.

## G. COPPER RODS MAINTENANCE

- ✓ It is normal and not harmful for copper to oxidize with skin acidity and become slightly brown or greenish with time and use;
- ✓ Ideally, do nothing and let the copper oxidize, which affects only its aesthetic appearance, not its effectiveness;
- ✓ Clean the rods with a magic sponge or a mild metal cleaner if desired.

## H. ZAPPER USAGE PROTOCOL

- ✓ **Perform a dozen sessions with the ionizing bath beforehand for the 1st month** before using the Zapper to cleanse the body while promoting better circulation of fluids and greater filter organs' efficiency;
- ✓ Skip the previous step if you do not have the 3-in-1 VitalBody device or contact us for more information about it;
- ✓ **Run 10 minutes of Zapper daily** in the 2nd month of the protocol;
- ✓ **Run 3 x 10 minutes of Zapper daily** in the 3rd month of the protocol;
- ✓ **The Zapper is used daily as an antibiotic;**
- ✓ Start with a few 5-minute sessions only for a case of frail health risking initial detoxifying discomfort;
- ✓ **Regularly vary frequency (15 Hz, 2.5 kHz, 30 kHz) and rods position** to avoid habituation and to obtain a broader spectrum of effectiveness on parasites;
- ✓ **Follow the protocol well to avoid a toxic overload** recirculating in the lymphatic system acting as a collector of cellular waste;
- ✓ **In the event of persistent discomfort or recovery crisis** lasting more than three days, stop the sessions for a certain time to rest the metabolism;
- ✓ **Drink plenty of pure water, eat healthily, and exercise more** to promote tissue and body fluids detoxifying;
- ✓ **Resume the protocol where it was interrupted** as soon as the temporary complications and the symptoms of metabolic cleansing have disappeared;
- ✓ A 30-minute ion session is identified by **ION-30**, 10 minutes of Zapper by **ZAP-10**, and 3 sessions of 10 minutes of Zapper by **3xZAP-10** in the following grids;
- ✓ Run the Zapper before or after the ionizing bath when they take place on the same day;

- ✓ Here is the summary of the first three months of use of the ionizing bath, including the Zapper:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1<sup>st</sup></b> <b>MONTH</b>	1 ION-30	2	3	4 ION-30	5	6
7 ION-30	8	9	10 ION-30	11	12	13 ION-30
14	15	16 ION-30	17	18	19 ION-30	20
21	22 ION-30	23	24	25 ION-30	26	27
28 ION-30	29	30	31 ION-30			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>2<sup>nd</sup></b> <b>MONTH</b>	1 ZAP-10 ION-30	2 ZAP-10	3 ZAP-10	4 ZAP-10 ION-30	5 ZAP-10	6 ZAP-10
7 ZAP-10 ION-30	8 ZAP-10	9 ZAP-10	10 ZAP-10 ION-30	11 ZAP-10	12 ZAP-10	13 ZAP-10 ION-30
14 ZAP-10	15 ZAP-10	16 ZAP-10 ION-30	17 ZAP-10	18 ZAP-10	19 ZAP-10 ION-30	20 ZAP-10
21 ZAP-10	22 ZAP-10 ION-30	23 ZAP-10	24 ZAP-10	25 ZAP-10 ION-30	26 ZAP-10	27 ZAP-10
28 ZAP-10 ION-30	29 ZAP-10	30 ZAP-10	31 ZAP-10 ION-30			

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>3<sup>rd</sup></b> <b>MONTH</b>	1 3xZAP-10 ION-30	2 3xZAP-10	3 3xZAP-10	4 3xZAP-10 ION-30	5 3xZAP-10	6 3xZAP-10
7 3xZAP-10 ION-30	8 3xZAP-10	9 3xZAP-10	10 3xZAP-10 ION-30	11 3xZAP-10	12 3xZAP-10	13 3xZAP-10 ION-30
14 3xZAP-10	15 3xZAP-10	16 3xZAP-10 ION-30	17 3xZAP-10	18 3xZAP-10	19 3xZAP-10 ION-30	20 3xZAP-10
21 3xZAP-10	22 3xZAP-10 ION-30	23 3xZAP-10	24 3xZAP-10	25 3xZAP-10 ION-30	26 3xZAP-10	27 3xZAP-10
28 3xZAP-10 ION-30	29 3xZAP-10	30 3xZAP-10	31 3xZAP-10 ION-30			

- ✓ **After the execution of this initial 3-month protocol**, stop the Zapper sessions to let the immune system equilibrate without any intervention;
- ✓ **Resume 1 to 3 sessions of 10 minutes each day** for 1 to 2 weeks to stimulate the immune functions in the event of a resurgence of the following signs:
  - Presence of infection, flu, cold, etc.,
  - Irresistible carbohydrate cravings or daily sugar cravings,
  - Chronic inflammatory pain, excess mucus and secretions,
  - Acidified wounds, itchy skin, and abnormal nervousness.
- ✓ Drink plenty of water and eat little and very healthily while avoiding sugars, carbohydrates, and dairy products to minimize inflammation, metabolic acidity, and the proliferation of harmful parasitic microorganisms in the body;
- ✓ It is possible to combine the sessions with purifying natural products or pure and good quality essential supplements;
- ✓ In case of persistence of certain symptoms or for a particular follow-up, please contact us at [info@VitalAxion.com](mailto:info@VitalAxion.com) or 1-866-981-0357 to be guided towards other alternative solutions or to be advised on complementary natural methods.



# ABOUT THE HEATING BELT

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## Important notes:

- ✓ No contraindication;
- ✓ Do not position the heating band around the head;
- ✓ Avoid overheating places where the skin is thin and fragile;
- ✓ Preferably install the belt over clothing, thus avoiding direct skin contact, especially during prolonged and high-power sessions;
- ✓ Stop the session if too intense and persistent heat is felt;
- ✓ Pay attention to the Velcro strip capable of gripping the sleeves of embroidered garments;
- ✓ **Never activate the belt when it is folded back on itself**, as this can melt and stick the walls of its outer cover;
- ✓ **Perform preferably combined sessions** with the ionizing bath or the Zapper;
- ✓ The belt is optional and can be used independently or simultaneously with the other functions of the 3-in-1 VitalBody set.

## HOW TO USE THE BELT?

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### A. BELT SET UP



- ✓ Connect the belt to the back of the 3-in-1 VitalBody device;
- ✓ Wrap tight muscles or sore joints like the spine, back, knee, elbow, shoulder, neck, etc.;
- ✓ **Install the belt preferably on the kidneys**, in the lower back, or around the waist, when it is used simultaneously with the ionization or Zapper session;
- ✓ Position the metal eyelet of the wire coming out of the belt towards the outside, on top, and orient it towards the side of the main device to shorten the path of the wire;
- ✓ Use the black Velcro elastic band to enlarge the belt for bigger sizes.

### B. OPERATING THE BELT

- ✓ Read the previous important notes beforehand in order to respect them;
- ✓ Connect the device using the electrical conversion unit before pressing and holding the white "ON/OFF" button to switch it on;
- ✓ The belt control is located on the upper part towards the rear of the device;

- ✓ Press the yellow **"POWER"** dimmer button to select the desired heat level **"LOW"**, **"MEDIUM"** or **"HIGH"**;
- ✓ The belt is **"INACTIVE"** by default since it is optional;
- ✓ When the belt is activated, an internal, invisible timer starts automatically for a duration of 60 minutes to prevent it from heating continuously;
- ✓ If everything is in order, a **green operating light** appears through the box in the upper corner of the device opposite the rear connector;
- ✓ **In the event of a problem, follow the troubleshooting procedure below.**

### C. BELT TROUBLESHOOTING

#### If the belt does not heat or heats unevenly:

- ✓ Press the yellow **"POWER"** dimmer button to activate the belt;
- ✓ Normally, a **green operating light** appears through the case in the upper corner of the device opposite the rear connector;
- ✓ If it is off, the main device is probably faulty;
- ✓ If it is on, the belt is certainly faulty;
- ✓ Contact us in such a case at 1-866-981-0357.

#### If the belt heats up too intensely and becomes too hot:

- ✓ Press the yellow **"POWER"** dimmer button to deactivate the belt;
- ✓ Normally, the **green operating light** located in the upper corner of the device opposite the rear connector should go out;
- ✓ If it is still on, then the electronic control of the belt is open and damaged, and thus allows full current to flow permanently;
- ✓ Contact us in such a case at 1-866-981-0357.

#### If the main unit appears to have no power:

- ✓ Tighten the electrical conversion block connections;
- ✓ Check that the **green operating light** in the upper right corner is on;
- ✓ Check the condition of the rear fuse by unscrewing its cap and making sure that the internal metal filament is not broken and that the glass tube is not blackened;
- ✓ A spare fuse can be found in the cover pocket of the carrying case;
- ✓ Screw the fuse compartment cap back on the device.

#### If a problem persists, please contact us at 1-866-981-0357.

### D. END OF SESSION

- ✓ **Remove the belt**, leaving it connected to the device;
- ✓ The belt stops automatically after 60 minutes thanks to the internal timer;
- ✓ **Turn off the device and unplug the power supply** from the wall outlet to avoid it being unnecessarily powered for several days;
- ✓ **Drink a large glass of water with 20 drops of ConcenTrace mineral supplement** added and add a little lemon or orange juice to hide the taste if necessary.